

supporting sport and physical activity

# annual report 2006-07





Hosted by:



Part of the National County Sports Partnership Network

## Introduction



Adrian Ledbury, Director



London Sub-Regional Partnerships

PRO-ACTIVE North London is one of the five sub-regional Sport and Physical Activity Partnerships operating across London, and one of forty-nine covering England. The Partnership covers the areas of Barnet, Enfield, Haringey and Waltham Forest.

PRO-ACTIVE North London is made up of stakeholders committed to providing locally determined solutions aimed at collectively increasing participation and widening access to sport and physical activity for the whole community. The Partnership is a business-tobusiness brand, working predominantly at a strategic level to provide advice, support and advocacy for local, regional and national partners in the public, voluntary and private sectors. PRO-ACTIVE North London seeks to be seen as a valuable extension to Partners' teams, so that our combined effort has a greater impact.

Over the last twelve months, the Partnership has focused on setting up a robust and sustainable organisation, and has consulted extensively with partners to develop the shared ambitions and aspirations listed below. A sample list of Partner meetings is given on the back page of this report.

I would like to take this opportunity to **thank our Partners** for the commitment they have shown in supporting the work of the Partnership, and look forward to working together over the coming months and years. I am very pleased with the progress we have made in a short period of time – setting up the Partnership and establishing PRO-ACTIVE North London as a key part of the delivery system for sport and physical activity in the area.

#### Adrian Ledbury Director

# Shared Aspirations and Ambitions

## Purpose

We will work together for the benefit of all in north London through sport and physical activity.

## **Our Vision**

No-one on the sidelines.

## Aims

We will work in partnership at a strategic level to:

- 1. increase participation in high quality sport and physical activity by 1% year-on-year;
- 2. widen access to sport and physical activity among low participation groups, such as; women, people with disabilities, people over 50, people from ethnic minority communities, and people on low incomes, and
- 3. support the development of progression pathways to ensure individuals reach their full potential.

#### **Core Values and Principles**

Everything we do is underpinned by the following criteria:

Needs-led : driven by the local needs of the whole community

**Independence:** delivering sport and physical activity in the sub-region without allowing personal or organisational agendas to dominate

Accountability: making decisions and formulating policy in an efficient, inclusive, open and transparent manner

Excellence: achieving high standards through continuous improvement and innovation

Equitable: committing to equality (people and processes)

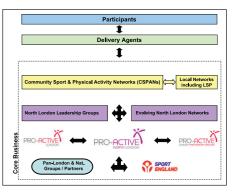
Impact-driven: demonstrating value for money and prioritising projects that have the potential to make the greatest impact

Achievements 2006-07 and Priorities 2007-08

Strategic Theme	Achievements 2006-07	Priorities 2007-08	Performance Measure
1. Participation and Progression: Increase participation, widen access to sport and physical activity, and support the development of progression pathways to ensure individuals reach their full potential	<ul> <li>All the achievements listed below have contributed to this objective. More specific projects will be developed in 2007-08 and beyond, now that we have identified our priority groups</li> </ul>	Maximise the benefits of London 2012 for North London residents and businesses, particularly in relation to participation and facility legacy Support the development and implementation of a North London Disability Action Plan Support the development and implementation of an Active Workplaces package ('Work Well')	<ul> <li>Produced North London 2012 Action Plan</li> <li>Steering Group established and work programme developed</li> <li>Board Champion appointed</li> <li>Comprehensive support package in place</li> <li>20 North London businesses identified</li> </ul>
2. Delivery System: Build and support a sustainable and co-ordinated delivery system to deliver the sub-region's priorities	<ul> <li>Development of new and existing networks as part of the evolving North London Delivery System</li> <li>Established a pan-London PRO-ACTIVE London Partnership Services Team delivering services focusing on coach, volunteer and School Sport Partnership training programmes</li> </ul>	Support the establishment and development of CSPANs	Four CSPANs in place, with Terms of Reference, Action Plan and links to Local Strategic Partnership

PRO-ACTIVE North London has been effective at engaging Partners, partly through being able to attract key players into the Partnership through the leadership programme, and partly through building on existing networks in the region.

Sue Thiedeman, TAES Validator



Evolving North London Delivery System

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Members of the Leadership Team, from left to right: Adrian Ledbury, John Wood, Paula Felgate, Tony Weight, Jo Godfrey, Stephanie Holloway, Paul Foster, Stella, Sipple, Stewart Lucas, Carmel Cadden, Simon Gardner, Mel Parker.

#### Statistics from the North London Young People Sport and Physical Activity Survey

- 26% of Year 9 children state the biggest difficulty that restricts their participation in sport and physical activity is `no-one to go with'
- 80% of Year 6, and 70% of Year 9, children are interested in playing a sport or physical activity outside school – one that they are not currently involved in
- Where there is no sporting role model in the family young people are significantly less likely to take part in sport and physical activity

Strategic Theme	Achievements 2006-07	Priorities 2007-08	Performance Measure
3. Develop and Improv People: Improve and expand t	London Leadership	Co-ordination and implementation of Workforce Development Plan	Plan produced, and resources attracted, to fulfil training need
workforce of strategic leaders, employed staff, coaches and volunteers, by means of accessible routes for entry and progression	rs, by interactive training events	Co-ordinate a needs-based North London coach and volunteer education programme	Annual needs-based programme in place consisting of over 50 courses
	Survey which will provide the basis for workforce development planning and attracting resources to	Reward and recognise achievement in sport and physical activity via the 'Celebrating Sport Awards' project	High profile event in each Nort London borough (4)
	the sector	Explore the development of more effective links between community sport and CVS/Volunteer Centres	Feasibility Study complete and minimum 1 pilot project commenced
4. Places to Play: Develop and improve	Undertaken an outline facility     gap analysis in North London	Co-ordinate a North London facility needs assessment	Facility needs assessment produced
physical places to play sport and physical acti		Support and establish innovative projects to optimise the use of parks, open spaces and waterways	Research undertaken and recommendations produced
5. Influencing: Influence, advocate, develop and impleme the policy of Partners and providers	Co-ordinated the North     London Young People Sport     and Physical Activity Survey     providing Partners with vital     information on the habits	Influence the development of appropriate community use facilities on school sites via the 'Building Schools for the Future' programme	Two BSF PE and Sport Stakeholder Groups established
	<ul> <li>and attitudes of young people Co-ordination of 'Active People' and 'Active Places' training, providing vital information on participation trends and facility provision</li> <li>Involved in lobbying regional agencies for inclusion of sport and physical activity targets in the latest round of LAAs and LPSAs (15)</li> </ul>	Raise awareness of the value of physical activity among health professionals	Increased resources devoted to physical activity

Strategic Theme	Achievements 2006-07	Priorities 2007-08	Performance Measure
	references to sport and physical activity from North London boroughs)		
<b>6. Resources:</b> Attract funding and resources to deliver the priorities	<ul> <li>Supported successful LDA bid for for women in coaching (£440K)</li> <li>Production of Child Protection Guidelines for Partners</li> </ul>	Produce a resource raising and sharing strategy linked to priorities Provide funding advice and support to Partners	<ul> <li>Strategy produced</li> <li>Comprehensive list of funding streams available</li> </ul>
			<ul> <li>on the P-ANL website</li> <li>Min £100K external funding raised</li> </ul>
7. Marketing and Communications: Market the benefits of sport and physical activity and effectively communicate with stakeholders	<ul> <li>Co-ordinated successful networking events including: NGB Roadshow, PDM/SDO Seminar and ASDiL Conferences</li> <li>Partners kept informed via regular Partnership meetings and monthly e-newsletter</li> </ul>	Ensure marketing and communications are developed and co-ordinated effectively	<ul> <li>Produced a Strategic Marketing and Communication Plan</li> <li>Create a Partnership website which is maintained and used as an information resource</li> <li>Promoted major events and campaigns promoting sports and physical activity</li> </ul>
		Develop a 'one-stop shop' for sport and physical activities in London aimed at both stakeholders and the public	Portal established
		Ensure that relevant knowledge is captured and shared across all Partners	<ul> <li>Produce monthly e- newsletter</li> <li>Information Matrix produced and available on the P-ANL website</li> <li>Hold regular co-ordinated networking events and meetings</li> </ul>



Workshop sessions from Stakeholder events



Front page of the February 2007 issue of the PRO-ACTIVE North London e-newsletter PRO-ACTIVE North London, along with the other PRO-ACTIVE London Partnerships, is a vital 'cog in the machine'. Through them we will ensure that programmes and policies for people with a disability are co-ordinated and effectively delivered by local Partners.

> Stewart Lucas, London Sports Forum for Disabled People

Strategic Theme	Achievements 2006-07	Priorities 2007-08	Performance Measure
8. Fit-for-Purpose: Build a sustainable Partnership and ensure that the Partnership is efficient, effective, inclusive, committed to continuous improvement and responsive to community needs	<ul> <li>Recruitment of 9 Non- Executive Board Members from a range of sectors and with a wide skills and knowledge base</li> <li>Established a needs-led ten- year Strategy and two-year Business Plan following extensive consultation with Partners</li> <li>Awarded 'Towards an Excellent Service' (TAES) Fair rating</li> <li>Development of Equity and Child Protection Policies</li> </ul>	Ensure equity principles are integrated into all work areas Ensure Child Protection procedures are established and promoted Recruit Core Team to reflect strategic priorities Develop formal agreements with NGBs working in North London, setting out roles and responsibilities	Achieved Preliminary Equality Standard Achieved Child Protection Standard, Intermediate level Four new Core Team members recruited and inducted Minimum 5 Agreements in place

A detailed breakdown of Priorities can be found in our Business Plan 2007-09. Visit www.pro-activenorthlondon.org for more details

# Summary of Key Priorities for 2007-08

PRO-ACTIVE North London is now moving into a new phase as we recruit a Core Team. This will place us in a strong position to support our Partners even more effectively in the achievement of shared objectives.

Key Priorities:

- Fit-for-Purpose: Recruit to Core Team posts and continue to build a sustainable organisation
- **Delivery System:** Support the development of four Community Sport and Physical Activity Networks to guide and implement policy at local level
- **Developing People:** Develop a Workforce Development Plan incorporating a co-ordinated North London Coach and Volunteer Education programme, and facilitate better links between CVSs/Volunteer Centres and the Community Sports sector.

PRO-ACTIVE North London has played a massive role in setting up key networks to share good practice and to help local Partners, particularly SDOs and PDMs, to more effectively co-ordinate their activities.

Stephanie Holloway, Enfield PDM

# Financial Summary 2006-07 and 2007-08

#### INCOME

	Projected Actuals 06-07	Projected Budget 07-08	
Income from all Sources	£221,097	£330,000	
Carry Forward	£49,500	£95,382	
	ne £270,597	£425,382	<i>Great networking opportunity and wonderful chance to meet our</i>
EXPENDITURE	Projected Actuals 06-07	Projected Budget 07-08	Partners at the sharp end.
Salary & on-costs	£80,000	£206,948	NGB,
Operational Costs	£14,715	£40,500	Feedback from North
Marketing & Communications	£23,000	£19,500	London NGB Roadshow
Workforce Development	£19,500	£16,000	
Partnership Services	£O	£55,000	
Special Projects	£38,000	£87,934	
Total Expendit	ıre £175,215	£425,382	
	Projected Actuals 06-07	Projected Budget 07-08	
Total Income	£270,597	£425,382	
Total Expenditure	£175,215	£425,382	
Surplus / Deficit	£95,382	£0	

# Comments and Feedback

Through our commitment to continuous improvement we are always striving to make improvements in the services we provide, therefore please let us know your views.

## Contact

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## Sample of Partner Meetings

#### Organisations

Active Angels Active Communities Association of Sports Development in London Barnet PCT Barnet PESSCL Steering Group British Heart Foundation Chief Leisure Officers Association (CLOA) Colleges of Further Education in North London Creating Excellence Enfield Sport & Physical Activity Strategy Group Fitness Industry Association Greenwich Leisure Ltd Haringey PCT Haringey Sport & Physical Activity Forum Lambeth & Southwark Sports Action Zone Lea Valley Regional Park Authority

Learning Skills Council Leicestershire & Rutland CSP London 2012 London Borough of Barnet London Borough of Enfield London Borough of Haringey London Borough of Waltham Forest London Community Sports Network London Councils London Development Agency London Equality Alliance London Federation for Sport & Recreation London Playing Fields Forum London Sports Forum for Disabled People London Youth Games Metropolitan Housing Association Middlesex University NGBs

North Central London Strategic Health Authority

North London Local Sports Councils North London branches of Age Concern North London CVSs North London Strategic Alliance Partnership Services **PRO-ACTIVE London Partnerships** Skills Active Sport England Sports Coach UK Transport for London Urban Lynx Volunteering England Waltham Forest PESSCL Steering Group Waltham Forest Volunteer Centre Women's Sports Foundation Workforce Development Steering Group Youth Sport Trust

